

**JESUS' SACRED HEART SCHOOL**  
**TASK PLANNER**  
**CLASS – IX & X**

Theme: Ayurveda & Naturopathy

SUBJECT	TOPIC	NATURE OF TASK	REQUIRED MATERIAL (To be sent from home)	CLASS/HOME WORK
ENGLISH	Interview	Students will be required to interview some of the people suffering from various ailments and how Ayurveda has helped them. Prepare a write up of the interview.	Questionnaire & A4 size sheets	Interview to be conducted in neighbourhood/ friends & write up to be done in class
HINDI / PUNJABI	Letter Writing	Students will be required to write an informal letter to a friend stating the benefits of Ayurveda and Naturopathy	A4 Size sheets (Single Line)	To be done in class
SCIENCE	Visit & Visit Review	Students will be visiting Ayurveda college and will be required to write the review of the visit.		To be done in class
SST & MATH	Report Writing	Students will be required to prepare a detailed report of about 3-4 pages on India's Contribution to Ayurveda and explore the development in recent years in India and how its growth has affected Allopathic system and represent it graphically.		To be done at home & submitted on 26/4.

**\*\*Kindly ensure the presence of your ward on Project day, as the activities will not be conducted again.**

Principal